

# *Counseling and Support Resources*

## **Annas Resources**

Chapel Hill 919-942-8422

## **The ARC of Orange County**

Chapel Hill 919-942-5119

## **Community Guidance Clinic**

Durham 919-416-7200

## **Durham Center for Mental Health**

Durham 919-560-7100

Adult Services 919-560-7500

Child Services 919-560-7400

## **Family Counseling Service**

Durham 919-403-3534

## **Hospice of Wake County**

Raleigh 919-828-0890

## **Lutheran Family Services**

Raleigh 919-832-2620

NC 800-435-7464

## **Mental Health Association of Durham County**

Durham 919-960-6815

## **Mental Health America of the Triangle**

Chapel Hill 919-942-8083

## **Orange-Person-Chatham Mental Health Center (OPC)**

Chapel Hill 919-913-4120 or 800-233-6834

## **The Women's Center of Wake County**

Raleigh 919-829-3711

## **Compass Center for Women and Families – Workshops & Support Groups**

919-968-4610

## **Triangle Family Services**

Raleigh 919-821-0790



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Office: 919-968-4610  
24H Crisis Hotline: 919-929-7122  
[www.compsctr.org](http://www.compsctr.org)



**UNC Psychiatry Clinic – UNC Hospitals**  
Chapel Hill 919-966-5217

