February is

Teen Dating Violence AWARENESS MONTH

Teen dating violence is a pattern of abusive behaviors used to exert power and control over a dating partner. It includes physical, psychological, or sexual abuse; harassment or stalking of any person ages 12 to 18 in the context of a past or present romantic relationship.

1in3

high school students experience physical and/or sexual violence by someone they are dating.

SIGNS OF ABUSIVE RELATIONSHIPS

- Academic Abuse: starting fights before a big test, being upset when partner spends time focusing on school or going away to college.
- **Financial Abuse**: demanding gifts from partner, keeping partner from going to school or work.
- **Sexual Abuse:** coercion, sexual assault or rape, or interfering with birth control.
- **Intimidation and Threats:** driving erratically, punching holes in walls, leaving out weapons, blocking doorways.
- **Using Social Status and Privilege:** threatening to spread rumors, using popularity to make someone afraid.
- **Emotional Abuse:** put downs, comparing partner to someone else.
- Physical Abuse: hitting, kicking, scratching, strangling.
- **Isolation and Limiting Independence:** controlling where someone goes and with who, keeping partner from friends and family, control what partner wears and who partner talks to.
- **Tech Abuse:** going through partners phone without permission, demanding social media passwords.
- Minimize, Deny, and Blame: gaslighting, making partner feel like it is their fault.

1.5 million

high school students in the U.S. experience physical abuse from a partner in a single year.

1 in 10

high school students has been purposefully hit, slapped, or physically hurt by a partner.

We can help:

- 24/7 free, confidential, domestic violence crisis line: (919) 929.7122
- We offer youth empowerment programs, community presentations, and professional training with factual, research-based information on healthy relationships to prevent domestic violence.



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