

2017-2018

Compass Center for Women and Families Annual Report

Helping more than
6,000 people navigate
their journeys to safety,
self-sufficiency, and
health each year.





Dear Friends,

Compass Center was formed six years ago with the goal of empowering people as they navigate their journeys to safety, self-sufficiency, and health. We believe in meeting people without judgement and supporting them as they make choices that they feel are best for themselves and their families. It is our privilege to meet people where they are and offer practical tools and emotional support to help them take next steps, whether that's getting a better handle on their finances, changing careers, or rebuilding their lives after experiencing domestic abuse.

Last year was a record-breaking year for us! We set our sights on not only reaching more people, but also on expanding our capacity to serve clients. We did exactly that and served more than 6,000 people. Our Teens Climb High program reached 700 students—more than twice as many as last year—providing them with an evidence-based, comprehensive, sexual health curriculum. With the addition of a new Latinx Group Coordinator and Victim Advocate, we expanded our services for Spanish-speaking clients to include support groups. Our “CUT IT OUT: Salons Against Domestic Abuse” presentations enhanced our presence in the community and turned salon professionals into allies in the fight against domestic violence.

Always keeping our clients' best interests in mind, we applied for grants that would help us fill gaps in services in Orange County. We are thrilled to announce that we were awarded a \$350,000-grant that will allow Compass Center to provide housing assistance and mental health services to survivors of domestic violence and their children. We are excited about these enhanced services! To stay abreast of the rollout of these new services and more, please follow us on Instagram, Facebook, or Twitter. You can also sign up to receive our e-newsletter to find out about upcoming program and fundraising events.

Best,

Cordelia Heaney, MFA, MBA
Executive Director

Community Impact by the Numbers

➤ SELF-SUFFICIENCY SERVICES

262

People received career and financial counseling to help them become more financially stable

1,201

People were connected to housing, mental health, food pantry, and other local resources

292

People received legal information services related to divorce, separation, child custody, and spousal support from local attorneys

➤ DOMESTIC VIOLENCE AND CRISIS SERVICES

1,189

People received counseling and emotional support through our 24-hour hotline, in-person counseling, court advocacy, or support groups

204

Victims of domestic violence filed protective orders, sometimes referred to as "restraining orders," which can require abusers to stop all contact with victims

760

Community members and professionals received education and training on the dynamics of domestic violence and how to connect people to local domestic violence crisis services

➤ ADOLESCENT EMPOWERMENT SERVICES

716

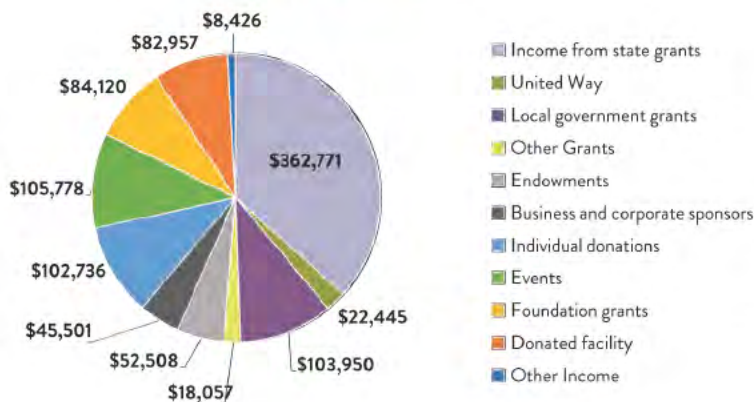
Teens received medically-accurate sexual health information so that they can make informed choices

1,233

Adolescents learned about the dynamics of healthy relationships and the importance of active consent

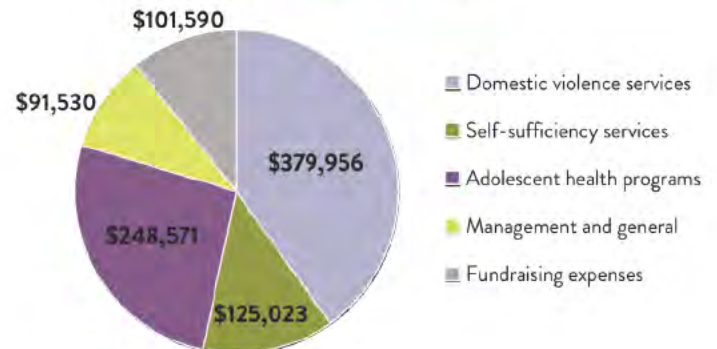
Financial

INCOME



Total Revenue \$989,249

EXPENSES



Total Expenses \$946,670

Programs

Career Exploration and Preparedness services assist people who are unemployed, under-employed, or considering new career paths. Our individual and group services address topics including résumé and cover letter composition, interviewing skills, and job search tips.

SERVICES INCLUDE

Individual career counseling
Career development workshops

HIGHLIGHTS

Partnered with Kenan-Flagler Business School at the University of North Carolina (UNC) to provide a series of career workshops
Partnered with North Carolina Central University's Counselor Education Program to serve more career counseling clients



Legal Information Services make legal information regarding North Carolina family law accessible to more people. We partner with the UNC Law School faculty and students as well as local attorneys to provide free legal information services to clients.

SERVICES INCLUDE

Monthly family law information sessions
15-minute calls with attorneys
30-minute appointments with a law student under faculty supervision

HIGHLIGHTS

Partnered with UNC School of Law and Orange County Women Attorneys to provide two new family law clinics
Provided much-needed legal information services around landlord-tenant and family law to people in the Triangle



Financial Literacy Education workshops and counseling services empower people to get on a path to financial independence. Our services can assist people with managing money, saving to buy a home, or addressing poor credit.

SERVICES INCLUDE

Individual appointments with financial counselors
Financial education workshops

HIGHLIGHTS

Provided 15 community financial education workshops throughout Orange County
Partnered with Wells Fargo and Latino Credit Union to offer financial education workshops



Domestic Violence Crisis Services help people who are experiencing or have experienced emotional, verbal, physical, sexual, or other forms of abuse from an intimate partner. We provide information and options to individuals and allow them to make their own choices about the best options for them.

SERVICES INCLUDE

24-hour hotline	Emergency shelter placement
Crisis counseling (in office and on the hotline)	Help filing Domestic Violence Protective Orders
Safety planning	Support and advocacy in civil and criminal domestic violence court
	Support groups with free childcare

HIGHLIGHTS

83 clients participated in support groups on subjects including domestic violence, healing through art, self-esteem, divorce and separation
Provided court advocacy to 153 clients who were pursuing criminal charges against their abuser in order to secure their long-term safety on 214 occasions
121 Spanish-speaking clients received domestic violence services in their preferred language from staff members trained in cultural competency



Programs Continued

Community Education raises awareness and seeks to prevent domestic violence in our communities. We provide a variety of community education presentations, training sessions, and public awareness activities.

SERVICES INCLUDE

Professional training sessions for businesses
In-service training for first responders
Tabling at community events

HIGHLIGHTS

70 hair stylists learned how to detect signs of domestic abuse and to connect clients with supportive and accessible services through the CUT IT OUT: Salons Against Domestic Abuse training



Adolescent Empowerment Programs provide medically-accurate sexual health education and teen dating violence prevention education to middle school students in the Chapel Hill-Carrboro schools. These programs teach students life skills and critical thinking to help them make positive life choices and avoid teen pregnancy and sexually transmitted infections.

SERVICES INCLUDE

Comprehensive sexual health education through the Teens Climbs High program
Teen dating violence prevention education through the Start Strong program

HIGHLIGHTS

Teens Climb High more than doubled its reach this fiscal year, serving over 700 students compared to 300 last year
The Community Advisory Councils of Teens Climb High and Adolescent Parenting Program have begun meeting quarterly to discuss best practices



Information and Referral Services provide clients with emotional support and access to vital information about community resources. Our trained volunteers practice active listening when engaging with clients and connecting them to services including local agencies, therapists, and support groups.

SERVICES INCLUDE

Distribution of:	Referrals to / information about services such as:
Food	Health
Hygiene products	Housing
Diapers	Latinx, refugee, and immigration
	Rape and sexual assault
	Senior

HIGHLIGHTS

396 different families received diapers through the Diaper Bank partnership this year
47 clients who speak either Karen or Burmese received access to vital information and resources this year—a marked increase from the 3 clients served last year.



“It wasn’t just the practical help that I got—it was the moral support, too.”
– Gary, self-sufficiency client

Core Values

➤ MISSION

Compass Center for Women and Families helps all people navigate their journey to self-sufficiency, safety, and health. We empower individuals and promote equal access to opportunity regardless of gender or economic status. Our services include career and financial education, domestic violence crisis and prevention programs, assistance with legal resources, and youth health programs.

➤ WE BELIEVE IN...

- Empowering clients so that they can make informed choices that they feel are best for themselves and their families.
- Recognizing every individual's uniqueness and respecting our differences to ensure that the organization reflects the diversity of our community and is welcoming and accessible to all.
- Meeting people without judgement and acknowledging the inherent value of every person.
- Providing care that is client-focused, trauma-informed, and based on best practices.

Leadership

EXECUTIVE DIRECTOR

Cordelia Heaney

HENDERSON STREET HOUSE FOUNDATION

Joan Gillings, Sara Morgan,
Margie Haber, Mimi
Fountain, Jay Miller



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*new board members for 2018-2019



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